



Connect with the Pediatric Trauma Survivors Network

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TraumaSurvivorsNetwork.org

Atrium Health's Behavioral Health Programs

704-444-2400 or 800-418-2065 or
visit AtriumHealth.org/Behavioral-Health

The National Child Traumatic Stress Network

nctsn.org

National Institute of Mental Health

866-615-6464 or visit nimh.nih.gov

National Suicide Prevention Lifeline

800-273-TALK (8255) or visit suicidepreventionlifeline.org

National Center for PTSD

802-296-6300 or visit ptsd.va.gov/

Brain Injury Association of America

800-444-6443 or visit biausa.org

Teen Health Connection

704-381-TEEN (8336) or visit teenhealthconnection.org

Pediatric Trauma Survivors Network

The Trauma Survivors Network is a community of patients and families seeking to connect after serious injuries. The Pediatric Trauma Survivors Network brings together children and families who have experienced physical trauma and provides support throughout the recovery process.



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In the Hospital

While in the hospital, pediatric patients and their families can meet with a trained Trauma Survivors Network volunteer. Volunteer Peer Visitors are trauma survivors, caregivers or siblings of a trauma survivor. Peer Visitors will share their experience, listen to your story and offer support on how to move forward after injury. Peer visitation is also available over the phone after discharge from the hospital.

Pediatric Trauma Survivors Network Activities

The Pediatric Trauma Survivors Network invites patients and their families to join us for activities, games, crafts and more. Peer Visitors and team members are available to support patients and their families throughout their hospital stay with diversional activities. Activities are also offered in a group setting on the pediatric rehabilitation floor.



After Leaving the Hospital

Trauma Survivors Network Groups

After discharge from the hospital, please join us each month for support groups. Meeting with others who have experienced a serious injury can be helpful. Group meetings provide an opportunity to share experiences, learn tools for adjusting to changes, and find peer support.

The three groups offered are:

- Survivors Group – adults who have experienced a traumatic injury
- Family and Friends Group – caregivers and loved ones of trauma survivors
- Kids Group – children who have experienced a traumatic injury or injury within their family

Groups meet on the fourth Tuesday of each month from 6:30 to 8 p.m. at Carolinas Rehabilitation, 1100 Blythe Blvd., Charlotte, NC 28203. Free parking is available, and the entry code will be posted at parking lot D gate.

A Teen Trauma Survivors Group for teens ages 13-19 is also available throughout the year. This group meets separately from the other groups offered. Contact the Pediatric Trauma Survivors Network for more information.

“The Pediatric Trauma Survivors Network helped my daughter realize that other people have been able to get through [an injury] and she is not alone.”