

# Trauma Survivors Network November 2020 Newsletter

## Covid-19 Information

- [Atrium Health: What to know](#)
- [Centers for Disease Control](#)

*Click on links to access.*

## Trauma Survivors Network November Support Groups

All In-Person TSN Groups are cancelled due to in-person restrictions around COVID-19. Please join our Virtual Support Groups instead! We will send information on how to join these Zoom meetings before each session.

## Peer Visit Phone Calls

Please contact Carli Wilson at [carlisha.wilson@atriumhealth.org](mailto:carlisha.wilson@atriumhealth.org) if you are interested in a peer visit phone call.

“Be present in all things,  
and thankful for all things.”

- Maya Angelou

## November Support Group Topic: Finding Strength

### **TSN Kids Virtual Support Group**

Tuesday, November 10th from 6:30-7:30 pm  
*ages 18 and under*

### **TSN Family & Friends Virtual Support Group**

Thursday, November 19th from 6:30-8:00 pm

### **TSN Survivors Virtual Support Group**

Tuesday, November 17th from 6:30-8:00 pm  
\*date changed due to Thanksgiving week

YOU'RE

*invited!*

Who: Hanger Clinic

What: Empower  
Fest 2020

Where: Register  
[Here](#)

When: Nov. 7,

Who: Brain Injury  
Association of NC

What: "Forging Ahead"  
2020 Virtual Conference

Where: Register [Here](#)

When: Nov. 17, 8:30AM  
-4:30PM

Happy 80th  
Birthday,  
Atrium  
Health!

MAKE SURE  
TO

*Vote!*

Find Your  
Polling Place [Here](#)