

Connect with the Pediatric Trauma Survivors Network

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Atrium Health's Behavioral Health Programs

704-444-2400 or 800-418-2065 AtriumHealth.org/BehavioralHealth

The National Center for Post-Traumatic Stress Disorder 802-296-6300 | ptsd.va.gov

National Institute of Mental Health

866-615-6464 | nimh.nih.gov

National Suicide Prevention Lifeline

800-273-TALK (8255) | suicidepreventionlifeline.org

National Center for PTSD

802-296-6300 or visit ptsd.va.gov

Brain Injury Association of America

800-444-6443 or visit biausa.org

Teen Health Connection

704-381-TEEN (8336) or visit teenhealthconnection.org



Pediatric Trauma Survivors Network

The Trauma Survivors Network is a community of patients and families seeking to connect after serious injuries. The Pediatric Trauma Survivors Network brings together children and families who have experienced physical trauma and provides support throughout the recovery process.





Peer Visitation

While in the hospital, pediatric patients and their families can meet with a trained Trauma Survivors Network volunteer. Volunteer Peer Visitors are trauma survivors, caregivers or siblings of a trauma survivor. Peer Visitors will share their experience, listen to your story and offer support on how to move forward after injury. Peer visitation is also available over the phone after discharge from the hospital.

Support Services

The Pediatric Trauma Survivors Network invites patients and their families to join us for activities, games, crafts and more. Peer Visitors and team members are available to support patients and their families throughout their hospital stay with diversional activities. Activities are also offered in a group setting on the pediatric rehabilitation floor.

"The Pediatric Trauma Survivors Network helped my daughter realize that other people have been able to get through [an injury] and she is not alone."

Trauma Survivors Network Groups

Join us each month for support groups. Meeting with others who have experienced a serious injury can be helpful. Group meetings provide an opportunity to share experiences, learn tools for adjusting to changes and find peer support.

The 3 groups offered are:

- 1. Survivors Group: adults who have experienced a traumatic injury
- 2. Family & Friends Group: loved ones and caregivers of trauma survivors
- 3. Teen/Young Adult Group: young people who have experienced a traumatic injury or injury within their family (open to high school and college-aged youth)

Groups meet the fourth week of each month. Please contact the Trauma Survivors Network coordinator for more information at **Erin.Schuster@AtriumHealth.org** or call **704-292-4492**.

