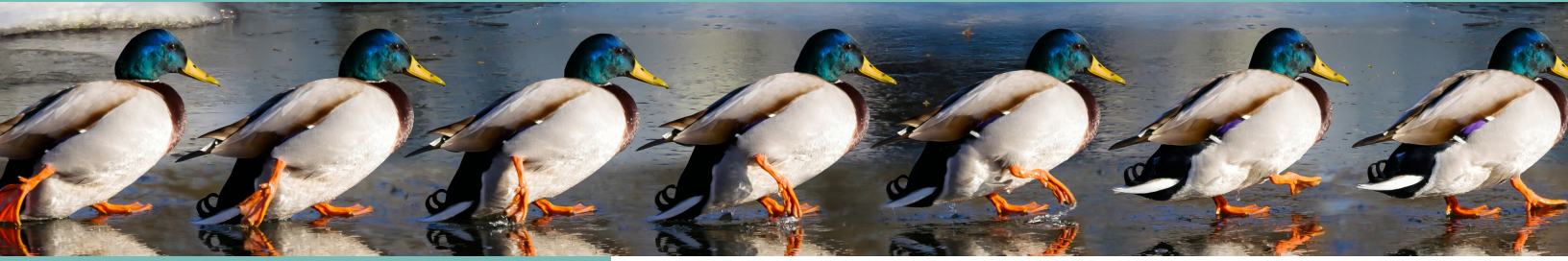


TRAUMA SURVIVORS NETWORK

MARCH 2020 NEWSLETTER



Article of the Month:

- Tracy Morgan honors a nurse who cared for him after his crash
- (link below)

OTHER EVENTS

SAVE THE DATE:

May is Trauma Awareness Month!

The Trauma Survivors Network Celebration of Survivors will be on Thursday, May 7, 2020!

Brain Injury Alliance (BIA) Upcoming Events:

- Charlotte Area Brain Injury Alliance (CABIA) Meeting, Tues., March 3, 2020. 6:30-8:00pm.
- 2020 Brain Injury Alliance Family Conference. April 26-27. Concord, NC
More info attached!

TRAUMA SURVIVORS NETWORK SUPPORT GROUPS

Meeting information for Trauma Survivors Network Groups

6:30-8:00pm

Carolinas Rehabilitation in the Private Dining Room
1100 Blythe Blvd., Charlotte, NC 28203

Free parking available in Parking Lot D in front of
Carolinas Rehabilitation.

March Parking Lot D Gate Code: 20008#

TSN Survivors, Family & Friends, and Kids Groups

Tuesday, March 24, 2020

- Groups meet monthly year-round
- All three groups meet simultaneously

In-Person NextSteps Support Group

Tues., March 10 & Thurs., March 12, 2020

Managing Emotions after Trauma (part. 1 & 2)

- NextSteps meets twice monthly through April 2020!
- NextSteps group is for adult survivors of traumatic injury to build on strengths and develop new coping skills to move forward after serious injury.
- See attached info card for all the details!